



European Society of Hypnosis

In Psychotherapy and Psychosomatic Medicine

Regulations

1) Regulations' Function and Amendments

The ESH Regulations complement the ESH Constitution. They can be amended by the votes of two thirds of the Council of Representatives (COR) members.

The vote can be undertaken: i) during the COR meetings
ii) by mail ballot

Mail ballot may be in the form of post, fax or e-mail.

All ballots must be authorised and signed.

All mail ballots must be received by Central Office.

Mail ballots will be time limited to 30 days from the date on the letterhead.

Any non-response will be taken to mean acceptance.

2) Elections

Nominations for election to the BoD must be received by Central Office two weeks prior to the CoR Meeting. These must be submitted in writing on the appropriate form. Nominations require a proposer and seconder and both of these must sign the form. The nominee must also sign to indicate their acceptance of the nomination.

These forms are available from Central Office and will be sent out to registered COR members or their nominees.

/continued 2

ESH Central Office, Inspiration House, Redbrook Grove, Sheffield, S20 6RR, UK

Telephone: +44 114 248 8917 Fax: +44 114 247 4627

E-mail: mail@esh-hypnosis.eu Website: www.esh-hypnosis.eu

3) Committees

To develop a more effective exchange among ESH Constituent Societies and common criteria in training programmes, clinical practice and ethical positions, ESH Committees will be established as needed.

a) **Committee on Educational Programmes in Europe (CEPE)**

This Committee has the task to develop and propose common criteria of education in the field of hypnosis and also to set the criteria governing the awarding of the European Certificate of Hypnosis. A Member of a Constituent Society holding the ECH may put the letters ECH after their name.

b) **Ethical Committee**

The Ethical Committee has the task of maintaining the ESH Ethical Guidelines, and to act as a resource to Constituent societies. The Ethical Committee shall govern the execution of the Code of Ethics in co-ordination with the National Societies.

c) **Web Committee**

The Web committee has the responsibility of developing and maintaining the website for ESH.

d) **Constitution Committee**

The Constitution Committee shall have the responsibility for the preparation of proposed amendments to the Constitution.

e) **Media Committee**

The media committee shall have responsibility for communicating with the wider community including colleagues, press, general public etc.

f) **Membership Committee**

The membership committee will have the responsibility for reviewing applications for:

- a) Individual Members within the European geographical area and where there are no Constituent Society Members within their Country.
- b) Associate Members: Individuals outside the European geographical area.

4) Committee's Elections

The Chairs of these Committees are appointed by the Board of Directors. In exceptional circumstances the President may suggest a Chair for ratification by the BOD. Each Committee consists of a Chair and at least three committee members. The President may be an ex-officio member of these committees.

5) Extraordinary Meetings

An Extraordinary meeting may be called by the Board of Directors or by a petition of one third of the COR.

There will be at least three calendar months notice of this meeting. Extraordinary meetings are classed as official meetings and therefore permit business and Constitutional decisions to be made.

June 2008